Goodman Community Center FYI Nutrition Education Intern

Position summary

The Nutrition Education Internship is an opportunity to work in your community promoting healthy eating and nutrition to youth and their families. The FYI NE Intern is responsible for creating and promoting FYI Harvest of the Month activities and recipes, assisting with classroom activities related to Harvest of the Month, and supporting other FYI nutrition education events. This position will include on-site training and continued professional development. This is an unpaid internship.

When: Spring, fall, and summer semesters
Schedule: Monday 1pm-5pm and Friday 8am-1pm (additional hours can be set based on your schedule)
Commitment: 12-15 hours/week. Students able to make a multi-semester commitment are preferred.

About FYI

The Fit Youth Initiative is a community center collaboration aimed at bettering the nutrition and health of youth in our service areas through fitness programs and nutrition education. FYI aims to increase the level of activity and the consumption of healthy foods during program hours by creating a collaborative, community-based program that offers consistent, intentional, evidence-based fitness and nutrition programming for children ages 3-18 and their parents.

FYI is currently offered at four consortium partner sites: East Madison Community Center, Goodman Community Center, Kennedy Heights Community Center and the Vera Court Community Center.

Responsibilities

- Create and lead nutrition programming for elementary youth and early childhood classes
- Research seasonally appropriate recipes that are healthy and affordable
- Promote Harvest of the Month by creating fliers, activities, and running parent outreach
- Maintain the FYI kitchen
- Keep organized records and documentation

Qualifications

- Experience working with early childhood (3-5) and/or elementary aged youth (6-12)
- Experience developing and leading youth programming
- Excellent communication skills and ability to work well with others
- Creativity and problem-solving skills
- Passion for food, nutrition, and cooking

To apply:

Please submit your resume and a letter of interest (2 page maximum) describing:

- Brief summary of your interest in this position
- Brief description of your experience with nutrition education
- Brief description of your experience with working with children
- Brief description of your experience working in diverse communities

Please submit your resume and letter of interest to Kellie Strinz kellie@goodmancenter.org by November 1st 2017.