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- Mary Pesik, RD, CLE, CD - Preceptor
- Nutrition, Physical Activity and Obesity Program Staff
  - Amy Meinen
  - Janice Liebhart
  - Jonathon Morgan
BACKGROUND

- **What is health disparity?**
  - “A population is a health disparity population if there is a significant disparity in the overall rate of disease incidence, prevalence, morbidity, mortality or survival rates in the population as compared to the health status of the general population.”

- **Two areas of disparity:**
  - Inadequate Access to Care
  - Substandard Quality of Care

- **The Health of Wisconsin Report Card:**
  - Wisconsin received a “D” in health disparities

Health of Wisconsin Report Card
BACKGROUND

Two central goals of Healthy People 2010

- **Increase Quality and Years of Healthy Life**: help individuals of all ages increase life expectancy and improve their quality of life.

- **Eliminate Health Disparities**: to eliminate health disparities among different segments of the population.

Source: Healthy People 2010
BACKGROUND

Three goals of Healthiest Wisconsin 2010

- Protect and Promote Health for All: it seeks to increase the quality of life by creating conditions in which individuals, families, and communities can be healthy.
- Eliminate Health Disparities: emphasis on socially and economically disadvantaged population groups throughout Wisconsin. Elevating the health for populations most at risk elevates the health for all.
- Transform Wisconsin’s Public Health System: transform into a coordinated, effective, and sustainable system. A strong public health system embodying sustainable collaborative partnerships can deliver untold benefits to the people of Wisconsin. These benefits include protecting health, improving the quality of life, extending life expectancy, and containing the costs of health care

Source: Healthiest Wisconsin 2010
OBJECTIVE

- To date, there is no strategic plan developed to identify and reduce chronic disease and nutrition, physical activity and obesity related disparities in Wisconsin.
KEY STRATEGIES AND ACTIVITIES

- By June 2009, develop a strategic plan to identify and eliminate nutrition, physical activity and obesity related disparities

- By June 2009, partner with the Minority Health Program to target interventions to disparate populations

METHOD

- Data was collected from a variety of credible sources and departments:
  - reviewing 15 other states’ and Wisconsin programs’ current disparity plans.
- Workgroup members representing diverse contingencies and expertise in the field who are interested in disparities were identified and recruited.
METHOD

- An environmental scan was performed to identify current efforts to address chronic disease and nutrition, physical activity, and obesity disparities.
- Current data and data gaps for disparity groups based on age, gender, education, income, race/ethnicity and location were created and reviewed.
RESULTS

- Buy-in was gained from DPH administrators, Minority Health Leadership Council, Public Health Council, WI PAN and other key stakeholders to form a chronic disease and nutrition, physical activity and obesity related disparities workgroup.

- Data tables were developed from information of other states’ and programs’ disparity plans.
<table>
<thead>
<tr>
<th>Arthritis</th>
<th>Heart Disease and Stroke</th>
<th>Diabetes</th>
<th>Cancer</th>
<th>Tobacco</th>
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</thead>
<tbody>
<tr>
<td>Overweight</td>
<td>Obesity</td>
<td>Physical Activity</td>
<td>F &amp; V Consumption</td>
<td>Breastfeeding</td>
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<tr>
<td>White</td>
<td>African American</td>
<td>American Indian</td>
<td>Asian American</td>
<td>Hispanic/ Latino</td>
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<td>High School = X%</td>
<td>Adults</td>
<td>18-29 =</td>
<td>30-39 =</td>
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<td>M =</td>
<td>F =</td>
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<td>30-39 =</td>
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<td>NA</td>
<td>High School: 22%</td>
<td>High School: 54.7%</td>
<td>NA</td>
</tr>
</tbody>
</table>
CONCLUSION

- Elimination of health disparities continue to be a goal among many sectors of health in Wisconsin as disparity strategic plans are developed and implemented across the state.
QUESTIONS AND COMMENTS