PHS 718: Fundamentals of International Health Care Systems, Fall 2011

Offered: Wednesday, 4:30-7 pm, September 7 to October 26  
Location: 1222 HSCL  
Course Professor: Linda Baumann, PhD, RN  
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Office hours by appointment

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Office hours by appointment

Course Description:  
This course introduces students to issues in global health, health care needs and modes of health service delivery in developing countries, and models of health care delivery systems.

Course Objectives:  
During this course, students will be expected to:  
1. Describe differences in systems of providing health services among countries at different levels of development and with varying socio-political systems.  
2. Critically analyze selected global health issues, such as health and human rights, health disparities, and the global health workforce  
3. Understand the role of major health organizations.  
4. Examine and clarify values and ethics in global health issues.

General Course Guidelines:  
- Students will be expected to actively contribute to weekly class discussions. All required readings should be completed by the class session in which they are listed.  
- Copies of all required readings (except Skolnik text chapters) and websites can be accessed from the course Learn@UW site.  
- All written assignments should include your name, date, and the title of the assignment. Assignments should be submitted through the Dropbox function located in the top right menu of Learn@UW, with the document name as Last Name, underscore, assignment number, for example jones_#1.

Grading and Assignments:  
Each student will be responsible for the readings, class discussions, and presentations.

Grading, Class Participation, and Assignments:

<table>
<thead>
<tr>
<th>Grade</th>
<th>Due Date</th>
<th>Course Activity</th>
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<tr>
<td>20%</td>
<td>Weekly for 7 weeks</td>
<td>Class participation, in-class and on-line</td>
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<tr>
<td>25%</td>
<td>Sep 14</td>
<td>MDG Progress Paper</td>
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<tr>
<td>0%</td>
<td>Oct 12, 19 &amp; 26</td>
<td>In-class presentation of Health Problem Report topic</td>
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<tr>
<td>15%</td>
<td>Oct 5</td>
<td>Annotated bibliography</td>
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<tr>
<td>15%</td>
<td>Oct 12</td>
<td>Annotated bibliography</td>
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<tr>
<td>25%</td>
<td>Oct 26</td>
<td>Health Problem Report</td>
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Class participation (20%): A discussion question is posted for each week. In class, you will be expected to discuss strengths, limitations, or points of disagreement regarding readings or presentations. By Monday of the following week you should enter your personal thoughts on the topic/discussion, such as: What was the take-home message? What information was missing from the discussion? How did it make you think differently?

The purpose of this exercise is to evaluate progress on a MDG in a specific country. Using the link above and other MDG web sites, select a country and read about their progress toward achieving one of the MDGs. In no more than 2 pages, respond to the following questions:
How are they doing? What health indicator is being monitored? What are the major barriers to reaching the goal? What needs to be done to achieve the goal?

Assignment #2: Health problem report (25%): Choose a global health problem and present the socio-cultural and economic factors that contribute to the problem in a specific country or region. Propose a health care system change that addresses equity, access, quality and prevention. You will share a brief presentation of your topic in class and submit a written paper (3 – 5 pages) that includes references.

In-class presentation of health problem report (P/F): You will be asked to sign up for a date to give a 5 minute presentation, with 5 minutes of Q&A, about the topic you chose for the health problem report. Provide information about why you chose the topic and a brief overview of the scope of the issue.

Assignment #3: Annotated Bibliography 1 (15%): Choose a reading from the optional lists provided. Provide the complete citation and a critical summary of what you learned from the article or chapter, e.g. what global health topic does it address? What audience should be reading this? Was the information credible and evidence-based? Limit your summary to 2 pages.

Assignment #4: Annotated Bibliography 2 (15%): Choose a reading (not from the syllabus) about a global health topic. Follow the same instructions as assignment #3.

Alternate Assignment to replace #3 and #4
Choose a book, either fiction on non-fiction (by week 3) related to issues in global health. Your selection will need to be approved by the course professor or course assistant. Write a 4-5 page book report that is a critical analysis of what this book contributes to the dialogue about a global health issue. What new information/perspectives did you gain by reading this book?

Class Schedule

<table>
<thead>
<tr>
<th>Date</th>
<th>Topic</th>
<th>Instructor</th>
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<tr>
<td>Sep 7</td>
<td>Introduction to Global Health/Millennium Development Goals – Baumann</td>
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<td>Sep 14</td>
<td>Determinants of Global Health – Baumann</td>
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<td>Sep 21</td>
<td>Palliative Care in the US and the World – Dianne E. Meiers and Jim Cleary</td>
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<td>Sep 28</td>
<td>International Organizations Working in Health - Solheim</td>
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<td>Oct 5</td>
<td>No Class</td>
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<td>Oct 12</td>
<td>Non Communicable Diseases and Chronic Care - Baumann</td>
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<td>Oct 19</td>
<td>Systems of Health Care – Baumann</td>
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<td>Oct 26</td>
<td>The Global Health Workforce - Baumann</td>
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Sources of information on comparative health indicators:

Link for WHOSIS (WHO’s Statistical Information System)
http://www.who.int/whosis/en/

September 7: Introduction to Global Health, Health as a Human Right, Millennium Development Goals (MDG)

Health Care Systems Film, segments to be viewed in class: ¡Salud!

Required readings:


Illich I. *To Hell with Good Intentions*


Resolution adopted by the General Assembly UN Millennium Declaration, 8 Sept 2000

About the Millennium Development Goals

Optional readings/references:


Cuba’s Health System – Resources and Links


The following web sources may be useful in preparing your paper on the MDG progress report paper. The “MDG Targets and Indicators website” link below is useful because you can access country and topic specific information.

- MDG Target Indicators (pdf)
- MDG Progress Chart 2010
- MDG Targets and Indicators website
- "About" MDG Indicators website
**September 14: Determinants of Global Public Health**

**Required readings:**


IOM (2008). *The US Commitment to Global Health: Recommendations for the Public and Private Sectors*  
**Note: this link is to the executive summary. The entire report can be accessed at the website provided in the reading.**

Skolnik text, Chapter 1: *The Principles and Goals of Global Health*

Merson text Chapter 2 “Culture, Behavior, and Health” p. 43-73. Please come to class prepared to address one of the discussion questions at the end of the chapter


For class read Part 1: Setting the scene for a global approach to health equity

Access the following website to view the publication Millions Saved! Read the introduction and case study #8: Preventing Diarrheal Death in Egypt. This paper book is also in the Ebling Library. _http://www.cgdev.org/section/initiatives/_active/millionssaved/overview_

**Optional readings:**


An Interview with Sir Michael Marmot, Chair, WHO Commission on the Social Determinants of Health.

Skolnik Chapter 6 Health Beliefs and Practices.

**September 21: Palliative Care in the US and the World**

**Required Readings:**


**September 28: International Organizations Working in Health**

Guest speaker: Karen Solheim, PhD, RN

**Required readings:**


Skolnik, Chapter 15: Working together to improve global health

**Optional readings/references:**


Merson text, Chapter 17 “Cooperation in Global Health” p. 853-879.

"Voices of Hope" features community leaders and recipients of services from seven PEPFAR countries: Guyana, Kenya, Mozambique, South Africa, Uganda, Vietnam, and Zambia. These people talk in their own words about how PEPFAR’s diverse prevention, treatment and care strategy is making a difference in their lives. Also featured in the film
are just a few representatives of the more than 80 percent of PEPFAR implementing organizations that are indigenous. Watch online at: http://2006-2009.pepfar.gov/press/76024.htm - short version: 11:20 minutes; long version: 30 minutes


The Global Fund: Who We Are, What We Do


NGO CODE OF CONDUCT

**October 12: Non Communicable Diseases and Chronic Care**

**Required readings:**


Merson text, Chap 7 “Chronic Diseases and Risks” p. 345-395.

Skolnik, Chapter 12, Non-communicable Disease

WHO. (2002). Innovative Care for Chronic Conditions Framework Summary

**Optional readings:**

Baumann, L.C., Opio, C., Otim, M., Olson, L., and Ellison, S (2010). Self-care Beliefs and Behaviors in Ugandan Adults with Type 2 Diabetes. The Diabetes Educator Online First, 1-8.


Ryman, T., Dietz, V., Cairns, K. L. (2008). Too little but not too late: Results of a literature review to improve routine immunization programs in developing countries. BMC Health
Services Research, 8, 134-145.

**October 19: Systems of Health Care**

**Required Readings:**

Skolnik, Chapter 5, An Introduction to Health Systems


**Optional readings:**

Merson text, Chapter 12 “The Design of Health Systems” p. 615-647 (skim)

Primary Health Care. WHO 1978 (pdf)


October 26: The Global Health Workforce

Required readings:


Optional readings:


Interview with Liza Kimbo, Director of CFW shops Kenya & HealthStore Case Study http://www.nextbillion.net/blogs/2007/01/17/a-bop-entrepreneur-gets-to-the-nitty-gritty-q-a-with-cfwshops-kenya


The End of Poverty (2008) - Informational website about the film
